

THE UNTOLD STORY

*How to See God at Work in the Mess of
your Real Life*

By Rachel Larkin

The world is in a mess

Psalm 46 shows how messy life is going to get in the Last Days.

It talks about...

...the earth giving way – Earthquakes

...mountains moving & trembling -Volcanoes

...waters roar and foam – Tsunamis

...nations raging – War

...kingdoms totter- Arab Spring

Extreme messiness.

But life is messy on a normal day, right?

I hear what you are saying –

“It’s overwhelming to think about the world’s messy problems,

I have enough messiness in my own life.

...health issues to get through

...fears to overcome

...feelings of inadequacy to squash

...a love to be rekindled

...teenagers to guide

...faith to be strengthened

...a job to work on...and just plain regular household chores to tick off

...that’s the mess of real life

Don't fight the mess in the world.

Recognise your need to
connect with something
bigger than this world.

Come,

behold

the works of the Lord

Psalm 46: 8

Instead of stressing about the mess

look for God working.

Instead of fearing the worst

Be still and know

that He is God

-Psalm 47:10

Can God show up in my normal messy lives?

Yes!

There is an untold story playing out in your life.

God is working – in every moment.

I am going to share with you my 7 steps to seeing
God in the midst of my real messy life.

Step One

Pray for God to be Real to You

In 2013, My One Word was REAL. I wanted to have a real authentic genuine relationship with God – to really know Him in everything and in every moment.

That was the year that I starting praying differently – I asked God to show up. To show me in everyday moments that He is REAL.

It's a prayer that is needed.

It's a prayer that God wants you to make.

I guess the first step to discovering what He is working on is to tune in. Tuning in is the same as tuning into a radio station – *I must find the right frequency.*

Prayer is God's frequency. So I am going to take some moments before I start my day to tune in. To pray for God to focus my mind and eyes on His glory and His working in my day.

Step Two

Expect God to Show Up

This follows on from praying – you need to expect to see what you prayed – if it is God’s will, of course. It is God’s will to open your eyes and see Him.

Live your days in anticipation.

Start your day expecting God to reveal His workings to you.

Say to yourself – where am I going to see God turn up today?

Will He be found ...

...in your children’s laughter

...in the soft breeze

...in the Word

...in the right answer for the right moment

...in a 'chance' meeting

... in the colour purple

... in a word fitly spoken

... in the stillness

Step Three

Take Time Out to Reflect

Take some moments in your day to reflect on what is happening.

I know that I often catch myself letting life pass without taking any time to reflect and live in the moment.

It doesn't have to take a long time – even just 30 seconds a couple of times a day to reflect and pray.

Has God shown up?

Was there anything that reminded you of God?

Was there something about a word, an event, an object, nature or a person that resonated with you?

I love the word resonate. It's basic meaning is – to resound.

When something resonates with you – it creates an inner feeling of “at homeness” – an “aha” emotion.

That one thing that is resonating with you ..,

... is God using it to resound His message to you?

It's our job to take the time to allow resonance to happen.

Step Four

Make Connections

Praying, expecting and *reflecting* helps our minds and spirits to be aware of spiritual **connections** around us.

The person who is spirit led in their daily lives makes **connections** between the natural and the supernatural.

So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary but what is unseen is eternal.

2 Corinthians 4:18

*Making **connections** is a process.*

*Making **connections** involves practice.*

Step Five

Journal

What happens in the pressure points of life?

Those moments when you feel like you are ready to blow a fuse?

When a mass of stressful issues pile up and just one more creates chaos.

Who or what do you turn to?

I journal.

I journal to discover what the issues are.

I journal to discover how I am dealing with the pressure points.

I journal to uncover God's fingerprints in play.

That is why in the tough times – my journals are full of entries.

God meets me in my journal pages.

That is where I find Him the most often – *working away at my soul.*

These reflections and connections need to find their way onto paper.

Journal what God is showing you.

Journal how He is working in your life, in your family and in your world.

Journaling is basically just recording what you have discovered.

It doesn't have to be anything fancy. I use an A5 moleskin type journal book but you could use anything – Evernote, word, a phone journaling app or just a piece of paper.

The purpose of recording your connections and reflections is to **remember.**

When you open up past journals and read past reflections of God's working power in your life – it's *powerful.*

It shines a light on the path that God has led you on.

It helps in future decisions.

It fuels your praise.

It's evidence of the working power of God.

Step Six

Repeat the Process –make it a lifestyle

Repeat the process until it becomes a lifestyle.

We want to be *doers of the word and not hearers only*.

We want to live our days *spirit led*.

It's not what we do once in a while that shapes our lives.

It's what we do consistently.

– Tony Robbins

If you live your life **consistently** *praying, expecting, reflecting, making connections, journaling* about God working in your world – you will instinctively see the spiritual in the natural around you.

Step Seven

Share

Now it is time to share.

Choose one friend that is open to your findings and **share**.

What you **share** could resonate with them.

A domino effect starts.

They start seeing God turn up in their messy real life.

Dear God,

Help me to see you in the mess.

Still my heart and mind so that I may focus on you.

Help me not to fear or be in stress today.

Help me to be bold today to share my discoveries about you.

Continue to surprise me with your love.

I want to live an authentic Christian life.

Please show me today that you are REAL.

*Help me to reflect and make the connections between the natural and
the spiritual.*

In the name of Jesus,

amen so be it.

Hungry for more?

<http://rachellarkin.com/31-days-of-seeing-god-in-the-mess-of-real-life/>



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I'm a 40-something (closer to 50 than 40) woman who ...

..has raised 3 sons along with my amazing husband

... crawled through post-natal depression (and survived!)

... has led many inspiring Bible studies with women

... juggles an accounting career while home schooling teenagers

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